

Phone: 701.356.5666
e-mail: info@fargobasketball.com
Address: 5409 53rd Ave S Fargo ND 58104
www.fargobasketball.com



FBA Owner & Director:
Tom Wilberscheid
Summer Hours of Operation:
Mon.-Fri. 7:30-5:30

“Where the emphasis is on **Your child”**



The **FBA Summer 2018 Basketball Clinics** are geared towards specific position training and/or specific skills to help players optimize their skills. The clinics will use a combination of instruction, drills, video and competition to help serious players excel. These specialized clinics will include 8 hours of instruction and are intended for athletes going into **grades 4-12 in the fall of 2018**. Grades 4-7 will be co-ed groups, while players entering 8th grade and above will be separated into boys or girls groups. See the attached schedule and calendar for session dates and times.

- The cost for the 8-hour clinic is **\$100**
- 8-hour clinics are 2 days in length; 4 hours each day
- Our schedule includes morning clinics (8-noon) or afternoon clinics (1-5pm)
- 12 player limit per session for 8th grade and up, 18 player limit for kids 4-7th grade
- All clinics are led by 2 instructors (Unless number of players is less than half full for the class)
- A mid-morning or mid-afternoon nutrition bar & sport drink will be provided each day

Along with the FBA’s staff, our summer clinics will be instructed by past and present professional, collegiate and high school players and coaches from the area.

To enroll, please mail in the application, with a check. If you have any questions, please contact Tom Wilberscheid at **701-356-5666** or email **info@fargobasketball.com**. More information at our website: **www.fargobasketball.com**

MAIL TO: Fargo Basketball Academy
5409 53rd Ave S,
Fargo, ND 58104

Due to our desire to personalize the instruction during the clinics, we will try to keep our maximum session size to 12 players or less for 8th grade and up, and 18 players for grades 4-7. Registration is based on first paid basis. Register early to be sure you get the session you want. You may register for multiple sessions. Any questions regarding scheduling please e-mail or call us and we will make every effort to accommodate you. The FBA may decide to cancel a session if minimum numbers are not met in any clinic. In such a rare event, you will be notified of the other session options. If none of those options work for you, your registration fee will be returned.

Thanks to our Community Partners



2018 Fargo Basketball Academy 2-Day Clinics

Shooting

If you'd like to improve your shooting skills, then this clinic is for you. The Shooting Skills clinic will focus on intensive shooting workouts and drills. This clinic will focus on improving the players shooting accuracy from the stationary and on the move positions through proper shooting form, mechanics and proper footwork.

Areas of focus:

- Shooting off the dribble effectively under defensive pressure
- Shooting efficiently and effectively in one-on-one competition
- Drills to assist in increasing range, accuracy and consistency
- Mechanics and technique of shooting
- Footwork and body balance in the various shots
- Mental game of shooting
- Finding your shooting pocket for quick release
- Maximizing your legs in your shot
- Finding your shot
- Improving your strength and balance
- Improving your ability to shoot off the catch or dribble

The Shooting Skills clinic will provide individualized instruction for technique and form. The clinic will incorporate drills and competitive game-scenarios in which players can implement the skills that they have learned.

Ball Handling/Perimeter Moves

The Ball Handling/Perimeter Moves clinic will focus on making you a more dangerous player with the ball. Good ball handling is more than just dribbling. Can you read and react to the defender? Can you beat your defender off the dribble? This clinic will teach you how to become a playmaker and a more powerful weapon for your team.

Areas of focus:

- Improve confidence and control
- Accuracy in passing
- Improving your stance when using your dribble
- Identifying your go to move
- Improving your ability to read the floor
- Improving ability to outmaneuver, drive and penetrate
- Intensive dribbling workouts and drills
- Proper dribbling mechanics
- Evasive and offensive dribbling moves
- Handling the ball effectively with double-team pressure

The Ball Handling/Perimeter Moves clinic will provide individualized instruction for technique and form. The clinic will incorporate drills and competitive game-scenarios in which players can implement the skills that they have learned.

Post Moves/Rebounding

The Post Player Skills clinic will focus on teaching players how to play big in the post. How to be a more effective scorer, passer and rebounder while playing in the lane area.

Areas of focus:

- Back-to-basket offensive moves
- High & low post movement
- Drop step, up and under, catch and square
- Jump hook
- Proper footwork on various post moves
- Defending the post
- Weakside defense
- Shot blocking
- Rebounding

The Post Player clinic will provide individualized instruction for technique and form. The clinic will incorporate drills and competitive game-scenarios in which players can implement the skills that they have learned.

Defense/Agility/Quickness

The Defense/Agility/Quickness clinic will focus on teaching players how to become better on the ball and off the ball defenders. We will concentrate on half court defense, teaching you how to lock down a player and become a defensive stopper. We will spend time teaching proper defensive positioning while doing drills to make you a quicker more agile player.

- Teach proper defensive positioning every where on the court
- Defending the pick and roll
- Various ways to defend the post
- Shot blocking techniques
- Ladder series to improve foot speed and lateral quickness
- Jumping drills to improve vertical and explosiveness
- Enhance quickness and mobility - footwork

The Defense/Agility/Quickness clinic will provide individualized instruction for technique and form. The clinic will incorporate drills and competitive game-scenarios in which players can implement the skills that they have learned.

2018

JUNE

Dates	Time	Clinic	Grades	Cost	Code
May 30 & 31, (Wed & Thu)	8:00-Noon	Shooting Clinic	4-7 co-ed	\$100	MA-30A
May 30 & 31, (Wed & Thu)	1:00-5:00pm	Shooting Clinic	2 Spots Left 4-7 co-ed	\$100	MA-30P
June 4 & 5 (Mon & Tue)	8:00-Noon	Ball Handling/Perimeter	4-7 co-ed	\$100	JN-4A
June 4 & 5, (Mon & Tue)	1:00-5:00pm	Ball Handling/Perimeter	4-7 co-ed	\$100	JN-4P
June 6 & 7, (Wed & Thu)	8:00-Noon	Shooting Clinic	8-12 girls	\$100	JN-6A
June 6 & 7, (Wed & Thu)	1:00-5:00pm	Shooting Clinic	8-12 boys	\$100	JN-6P
June 11 & 12, (Mon & Tue)	8:00-Noon	Ball Handling/Perimeter Moves	8-12 boys	\$100	JN-11A
June 11 & 12, (Mon & Tue)	1:00-5:00pm	Ball Handling/Perimeter Moves	8-12 girls	\$100	JN-11P
June 13 & 14, (Wed & Thu)	8:00-Noon	Post Moves/Rebound	4-7 co-ed	\$100	JN-13A
June 13 & 14, (Wed & Thu)	1:00-5:00pm	Defense/Agility	4-7 co-ed	\$100	JN-13P
June 18 & 19, (Mon & Tue)	8:00-Noon	Ball Handling	5 Spots Left 4-7 co-ed	\$100	JN-18A
June 18 & 19, (Mon & Tue)	1:00-5:00pm	Shooting Clinic	Clinic Full 5/14 4-7 co-ed	\$100	JN-18P
June 20 & 21, (Wed & Thu)	8:00-Noon	Post Moves/Rebounding	8-12 girls	\$100	JN-20A
June 20 & 21, (Wed & Thu)	1:00-5:00pm	Post Moves/Rebounding	8-12 boys	\$100	JN-20P
June 25 & 26, (Mon & Tue)	8:00-Noon	Ball Handling/Perimeter	Clinic Full 5/14 4-7 co-ed	\$100	JN-25A
June 25 & 26, (Mon & Tue)	1:00-5:00pm	Ball Handling/Perimeter	5 Spots Left 4-7 co-ed	\$100	JN-25P
June 27 & 28, (Wed & Thu)	8:00-Noon	Shooting Clinic	4-7 co-ed	\$100	JN-27A
June 27 & 28, (Wed & Thu)	1:00-5:00pm	Shooting Clinic	4-7 co-ed	\$100	JN-27P
July 2 & 3, (Mon & Tue)	8:00-Noon	Defense/Agility	4-7 co-ed	\$100	JL-2A
July 2 & 3, (Mon & Tue)	1:00-5:00pm	Ball Handling	4-7 co-ed	\$100	JL-2P
July 9 & 10, (Mon & Tue)	8:00-Noon	Shooting Clinic	8-12 boys	\$100	JL-9A
July 9 & 10, (Mon & Tue)	1:00-5:00pm	Shooting Clinic	4-7 co-ed	\$100	JL-9P
July 11 & 12, (Wed & Thu)	8:00-Noon	Ball Handling/Perimeter Moves	8-12 boys	\$100	JL-11A
July 11 & 12, (Wed & Thu)	1:00-5:00	Ball Handling/Perimeter Moves	8-12 girls	\$100	JL-11P
July 16 & 17, (Mon & Tue)	8:00-Noon	Shooting Clinic	4-7 co-ed	\$100	JL-16A
July 16 & 17, (Mon & Tue)	1:00-5:00pm	Shooting Clinic	8-12 girls	\$100	JL-16P
July 18 & 19, (Wed & Thu)	8:00-Noon	Defense/Agility/Quickness	8-12 boys	\$100	JL-18A
July 18 & 19, (Wed & Thu)	1:00-5:00pm	Defense/Agility	4-7 co-ed	\$100	JL-18P
July 23 & 24, (Mon & Tue)	8:00-Noon	Ball Handling/Perimeter Moves	8-12 girls	\$100	JL-23A
July 23 & 24, (Mon & Tue)	1:00-5:00pm	Post Moves	8-12 girls	\$100	JL-23P
July 25 & 26, (Wed & Thu)	8:00-Noon	Shooting Clinic	2 Spots Left 4-7 co-ed	\$100	JL-25A
July 25 & 26, (Wed & Thu)	1:00-5:00pm	Post Moves/Rebound	6 Spots Left 4-7 co-ed	\$100	JL-25P
July 30 & 31, (Mon & Tue)	8:00-Noon	Shooting Clinic	8-12 girls	\$100	JL-30A
July 30 & 31, (Mon & Tue)	1:00-5:00pm	Shooting Clinic	8-12 boys	\$100	JL-30P
August 1 & 2, (Wed & Thu)	8:00-Noon	Ball Handling	8-12 girls	\$100	AU-1A
August 1 & 2, (Wed & Thu)	1:00-5:00pm	Ball Handling	8-12 boys	\$100	AU-1P
August 6 & 7, (Mon & Tue)	8:00-Noon	Defense/Agility/Quickness	8-12 girls	\$100	AU-6A
August 6 & 7, (Mon & Tue)	1:00-5:00pm	Defense/Agility/Quickness	8-12 boys	\$100	AU-6P
August 8 & 9, (Wed & Thu)	8:00-Noon	Shooting Clinic	2 Spots Left 4-7 co-ed	\$100	AU-8A
August 8 & 9, (Wed & Thu)	1:00-5:00pm	Post Moves/Rebounding	8-12 boys	\$100	AU-8P
August 13 & 14, (Mon & Tue)	8:00-Noon	Ball Handling	6 Spots Left 4-7 co-ed	\$100	AU-13A
August 13 & 14, (Mon & Tue)	1:00-5:00pm	Defense/Agility	2 Spots Left 4-7 co-ed	\$100	AU-13P
August 15 & 16, (Wed & Thu)	8:00-Noon	Ball Handling	6 Spots Left 4-7 co-ed	\$100	AU-15A
August 15 & 16, (Wed & Thu)	1:00-5:00pm	Ball Handling	4-7 co-ed	\$100	AU-15P
August 20 & 21 (Mon & Tue)	8:00-Noon	Post Moves/Rebounding	4-7 co-ed	\$100	AU-20A
August 20 & 21, (Mon & Tue)	1:00-5:00pm	Shooting Clinic	4-7 co-ed	\$100	AU-20P
August 22 & 23, (Wed & Thu)	8:00-Noon	Shooting Clinic	4-7 co-ed	\$100	AU-22A
August 22 & 23, (Wed & Thu)	1:00-5:00pm	Ball Handling	4-7 co-ed	\$100	AU-22P

2018

JULY

2018

AUGUST

JUNE 2018

			30	31	1	2
AM			Shooting 4-7 grade co-ed			
PM			Shooting 4-7 grade co-ed			
3	4	5	6	7	8	
AM	Ball Handling 4-7 grade co-ed		Shooting 8-12 grade Girls			
PM	Ball Handling 4-7 grade co-ed		Shooting 8-12 grade Boys			
10	11	12	13	14	15	
AM	Ball Handling 8-12 grade Boys		Post Moves/Reb 4-7 grade coed			
PM	Ball Handling 8-12 grade Girls		Defense/Agility 4-7 grade co-ed			
17	18	19	20	21	22	
AM	Ball Handling 4-7 grade co-ed		Post Moves/Reb 8-12 grade Girls			
PM	Shooting 4-7 grade co-ed - FULL		Post Moves/Reb 8-12 grade Boys			
24	25	26	27	28	29	30
AM	Ball Handling 4-7 grade co-ed - FULL		Shooting 4-7 co-ed			
PM	Ball Handling 4-7 grade co-ed		Shooting 4-7 co-ed			

If you will be dropping off or picking up a child, you may drop off the kids after 7:30 for the AM sessions and pick them up between Noon and 12:30pm. For the PM sessions, please drop off your kids after 12:30 and pick them up between 5:00 and 5:30pm.

JULY 2018

1	2	3	4	5	6	7
AM	Defense/Agility 4-7 grade co-ed					
PM	Ball Handling 4-7 grade co-ed					
8	9	10	11	12	13	14
AM	Shooting 8-12 grade Boys		Ball Handling 8-12 grade Boys			
PM	Shooting 4-7 grade co-ed		Ball Handling 8-12 grade Girls			
15	16	17	18	19	20	21
AM	Shooting 4-7 grade co-ed		Defense/Agility 8-12 grade Boys			
PM	Shooting 8-12 grade Girls		Defense/Agility 8-12 grade co-ed			
22	23	24	25	26	27	28
AM	Ball Handling 8-12 grade Girls		Shooting 4-7 grade co-ed			
PM	Post Moves/Reb 8-12 grade Girls		Post Moves/Reb 4-7 grade co-ed			
29	30	31				
AM	Shooting 8-12 grade Girls					
PM	Shooting 8-12 grade Boys					

AUGUST 2018

			1	2	3	4
AM			Ball Handling 8-12 grade Girls			
PM			Ball Handling 8-12 grade Boys			
5	6	7	8	9	10	11
AM	Defense/Agility 8-12 grade Girls		Shooting 4-7 grade co-ed			
PM	Defense/Agility 8-12 grade Boys		Post Moves/Reb 8-12 grade Boys			
12	13	14	15	16	17	18
AM	Ball Handling 4-7 grade co-ed		Ball Handling 4-7 grade co-ed			
PM	Defense/Agility 4-7 grade co-ed		Ball Handling 4-7 grade co-ed			
19	20	21	22	23	24	
AM	Post Moves/Reb 4-7 co-ed		Shooting 4-7 grade co-ed			
PM	Shooting 4-7 grade co-ed		Ball Handling 4-7 grade co-ed			



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Registration & Waiver Form

Complete this registration & waiver form and mail or drop off both the form and fee to:

Fargo Basketball Academy
5409 53rd Ave S, Fargo ND 58104

Child Name _____ Grade Fall 2018 _____ Birth Date _____ Circle: Girl Boy

Parent Name(s) _____

Address _____

City _____ State _____ Zip _____

Email _____

Home Phone _____ Cell Phone _____

Clinic Code _____

Clinic Code (if multiple sessions) _____

Clinic Code (if multiple sessions) _____

Amount Enclosed \$ _____

Sign-up early, clinics fill up fast!
If your clinic is already full, we will contact you immediately to let you know what other clinic options are available to you. Otherwise we will not contact you until the weekend before your clinic. We are not able to refund money if you cancel, since we always turn away kids from full clinics. We will instead issue credit in the event of an injury or unforeseen conflict.

Release: I hereby for myself, my children adopted or otherwise, my heirs and executors, waive and release any and all rights and claims for damages that I may have at any time against the Fargo Basketball Academy (FBA), their agents or representatives; for any injury or damages that may be suffered by me, my child adopted or otherwise, in connection with my association of entry in basketball or other activities sponsored by the Fargo Basketball Academy (FBA). I understand that participation in basketball activities involves motion and contact that may carry with it the risk of injury. I also understand this enrollment is for a full session and I am responsible for the full session fee. The FBA may decide to cancel a clinic if minimum numbers are not met in any clinic. In such an event, you will be notified of the other optional clinic times available. If none of those options work for you, your registration fee will be returned.

Should pictures and/or video be taken during any event, I do hereby give permission for myself or my child/children to be included in picture(s), likeness, image and/or voice in a videotape or publication promoting the Fargo Basketball Academy. I also understand that I and/or my child/children will not receive any additional compensation for said photos and/or video.

I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a waiver and release of liability.

Parent's Signature _____

Any special needs or concerns? _____

Thanks to our Community Partners

