



## FBA SUMMER VOLLEYBALL LEAGUE PHILOSOPHY

The Fargo Basketball Academy offers the opportunity for your player(s) to develop volleyball skills in a positive environment through our summer volleyball league. We encourage healthy competition in which kids play hard, but still maintain good sportsmanship.

Each game will have two FBA court monitors that will help with the flow of the game, assist the players with the facilitation of the rules/rotations, keep score, and offer occasional instruction during the game. Therefore, this league is **NOT** adult or parent coached. We want the athletes to play and work together as a team. This will benefit players overall as they will develop confidence and individual leadership skills. **Court monitors will assist with substitutions to ensure that all participants play.**

## FBA SUMMER VOLLEYBALL LEAGUE INFORMATION

- Current division offerings (based on grades for the upcoming 2024-2025 school year):
  - Girls | Entering Grades 6 and 7 (Tuesday evenings)
  - Girls | Entering Grades 8 and 9 (Wednesday evenings)
- The 4-week league will run from June 4 – June 26.
- Each team will be scheduled for one hour each week. During the scheduled hour block, your team will receive 20 minutes of warm-up drills with an FBA instructor, followed by 40 minutes of an officiated, scored volleyball game against another team.
- Games will be held in the evenings.
  - The 6/7 division will play on Tuesday evenings.
  - The grades 8/9 division will play on Wednesday evenings.
  - Game start times could be scheduled anytime between 5 pm and 9 pm, depending on the number of teams in your division.
  - Your scheduled time will be 1 hour in duration.
- Schedules with the game times will be sent out on or before Tuesday, May 28, 2024.
- We will cap our league at 10 teams per division.
- Registration Deadline: Friday, May 17(or when a division fills).

# FBA SUMMER VOLLEYBALL LEAGUE REGISTRATION

You must register a formed team. This would include a full roster of 6-8 players. (\$350/team for 4-week league). You are welcome to have substitute players fill in if you are short players for a week. There will be a substitute waiver form online for those players to complete.

## SUMMER VOLLEYBALL LEAGUE RULES

- A rock/paper/scissors contest will be used to determine who serves first.
- Each match will be played for a set amount of time concluding warm-up (typically about 40 minutes). Teams will play as many sets as possible within that time limit. Each set will be played to 25 or until the time runs out, whichever occurs first.
- Substitutions will be a part of the serving rotation.
- The FBA court monitor is the game official.
- In the grade 6/7 division, the serving line may be modified to allow for a shorter serve to get the ball in play. The FBA court monitor will make that decision at game time.
- Scores will be kept during each set.
- Players must keep a positive attitude and be respectful to their teammates and FBA court monitors. Repeated disrespectful behavior may result in removal from the league.
- Please help keep the facility clean. Pick up your water bottles and any other garbage at the end of the game.